

Women's Breakfast

FRIDA aims at promoting dialogue between women from around the world. Apart from getting to know one another; FRIDA gives women the opportunity to talk to each other about topics relevant to day-to-day life, and provides information for women.

Each women's breakfast is devoted to a specific topic. After a short presentation or film on the topic, women are able to discuss the topic within the group.

All women are invited to bring along a traditional breakfast dish from their home culture/country, and to be actively involved in the organization and planning of the breakfasts. Children up to 3 years of age may be brought along.

FRIDA is derived from the Old High German word "fridu" and translated means "peace". Our program FRIDA (Promoting integration through communication between women and for women from all around the world) aims at highlighting diversity amongst women through communication and shared activities. Using women's strengths, a peaceful and enriching sense of togetherness is created.

Start at 10.30 a.m.